



CIVILSDAILY IAS

75 Days Plan

for UPSC Mains 2026

75 days Mains Action Plan

Subject	No. of days
Polity	10
Governance	6
Society + SJ	10
IR	6
Economy	9
Agriculture	6
Internal Security	6
Ethics	12
Geography+DM	10
Environment	N/A
History	N/A
S&T	N/A
Total	75 days



10 days Mains Polity Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs	No. of Days allocated
01. Indian Constitution-Historical underpinnings & evolution; Features, amendments, significant provisions, basic structure of Constitution	Amendments	3	1
	Constitutional Morality	2	
	Case Laws	3	
	Making of the Constitution	1	
	DPSP	1	
	Fundamental Rights	7	2
02. Functions & responsibilities of the Union and the States; issues and challenges of federal structure;	Federalism	10	1
	Emergency	2	1
	Union Territory	2	
	Special Provisions	2	
03. Separation of Powers between different organs, dispute redressal mechanisms and institutions	Executive Vs Judiciary	1	1
	Executive Vs Legislature	5	
	Judiciary Vs Legislature	2	
	Separation of Powers	2	
04. Devolution of powers and finances up to local levels and challenges therein	Local Self Government	8	1
05. Comparison of Indian constitutional scheme with other countries'	Constitutional Comparison	9	1
06. Parliament and State Legislatures (structure, functioning, conduct of business, powers & privileges; issues therein)	Bicameralism	4	
	Parliamentary Committees	4	
	Parliamentary Privileges	1	
	Presiding Officers	3	
	Role of MPs	2	
07. Structure, organization and functioning of the Executive and the Judiciary—Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity	Informal associations and their role in polity	1	1
	Alternate Dispute Resolution	3	
	Tribunal	1	
	Judiciary	3	
	Pressure Groups	5	
	Union Executive	4	
08. Salient features of the Representation of People's Act.	MCC	1	1
	Electoral reforms	4	
	Political Parties	2	
	Election Dispute and Disqualification	4	



Priority Mains Polity Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs
01. Indian Constitution-Historical underpinnings & evolution; Features, amendments, significant provisions, basic structure of Constitution	Fundamental Rights	7
02. Functions & responsibilities of the Union and the States; issues and challenges of federal structure;	Federalism	10
03. Separation of Powers between different organs, dispute redressal mechanisms and institutions	Executive Vs Legislature	5
04. Devolution of powers and finances up to local levels and challenges therein	Local Self Government	8
05. Comparison of Indian constitutional scheme with other countries'	Constitutional Comparison	9
06. Parliament and State Legislatures (structure, functioning, conduct of business, powers & privileges; issues therein)	Bicameralism	4
	Parliamentary Committees	4
07. Structure, organization and functioning of the Executive and the Judiciary—Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity	Pressure Groups	5
	Union Executive	4
08. Salient features of the Representation of People's Act.	Electoral reforms	4
	Election Dispute and Disqualification	4



6 days Mains Governance Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs	No. of Days allocated
10. Government Policies & Interventions for development of various sectors (issues in their design, implementation)	Government Schemes and Policies	3	2
	Structural reforms and Actions	6	
11. Development processes and the development industry —the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders.	Civil Society	6	1
	Donor Agencies	2	
	SHGs	6	
15. Transparency and accountability (institutional and other measures); Citizens Charter, E-Governance (applications, models, successes, limitations, potential)	Citizens Charter	3	1
	E-governance	8	
	Transparency and Accountability	7	
16. Role of Civil Services in a democracy.	Civil Services	5	1
09. Appointment to various Constitutional posts; Constitutional Bodies (powers, functions and responsibilities); Statutory, Regulatory and Quasi-judicial bodies	Constitutional Bodies	8	1
	Enforcement Agencies	1	
	Quasi judicial Bodies	3	
	Sectoral Regulatory Bodies	3	
	Statutory Bodies	8	





Priority Mains Governance Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs
10. Government Policies & Interventions for development of various sectors (issues in their design, implementation)	Structural reforms and Actions	6
11. Development processes and the development industry —the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders.	Civil Society	6
	SHGs	6
15. Transparency and accountability (institutional and other measures); Citizens Charter, E-Governance (applications, models, successes, limitations, potential)	E-governance	8
	Transparency and Accountability	7
16. Role of Civil Services in a democracy.	Civil Services	5
09. Appointment to various Constitutional posts; Constitutional Bodies (powers, functions and responsibilities); Statutory, Regulatory and Quasi-judicial bodies	Constitutional Bodies	8
	Statutory Bodies	8





10 days Mains Society +Social Justice Plan

Subject	UPSC Syllabus	Microthemes	No. of UPSC PYQs	No. of Days allocated
Society	06. Salient features of Indian Society; Diversity of India;	Diversity and pluralism	6	2
		Tribes & Related Issues	4	
		Family	5	
		Uniqueness of Indian society	3	
	07. Role of women and women's organization, population and associated issues, poverty and developmental issues.	Population and associated issues	5	1
		Poverty and Related issues	3	
		Development and Related issues	4	1
		Women and Associated concerns	10	
	08. Urbanisation: problems and remedies	Urban Water Management	3	1
		Environmental Issues	1	
		Urban Planning	4	
		Urban Poverty and Migration	3	
		Emerging Urbanisation Trends	4	
	09. Globalisation and its effects on Indian society	Globalisation	10	1
	10. Social empowerment, communalism, regionalism & secularism.	Caste system	3	1
		Communalism	3	
		Miscellaneous	2	
		Regionalism	3	
		Secularism	4	
		Social empowerment	4	
Social justice	12. Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections.	Children	1	1
		Disables	2	
		Efficacy of Welfare and Development Schemes	4	
		Women	2	
	13. Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources.	Education	5	1
		Health	7	
		Human Resources	5	
		Miscellaneous	1	
	14. Issues relating to poverty and hunger	Hunger	3	1
		Miscellaneous	1	
		Poverty	6	





Priority Mains Society +Social Justice Plan

Subject	UPSC Syllabus	Microthemes	No. of UPSC PYQs
Society	06. Salient features of Indian Society; Diversity of India;	Diversity and pluralism	6
		Tribes & Related Issues	4
		Family	5
	07. Role of women and women's organization, population and associated issues, poverty and developmental issues.	Population and associated issues	5
		Development and Related issues	4
		Women and Associated concerns	10
	08. Urbanisation: problems and remedies	Urban Planning	4
		Emerging Urbanisation Trends	4
	09. Globalisation and its effects on Indian society	Globalisation	10
	10. Social empowerment, communalism, regionalism & secularism.	Secularism	4
		Social empowerment	4
Social justice	12. Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections.	Efficacy of Welfare and Development Schemes	4
	13. Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources.	Education	5
		Health	7
		Human Resources	5
	14. Issues relating to poverty and hunger	Poverty	6



6 days Mains IR Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs	No. of Days allocated
17. India and its neighborhood- relations.	Neighbourhood	7	1
18. Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests.	Bilateral Relations	9	1
	Groupings involving Immediate and Extended neighbours	6	1
	Groupings beyond South Asia	4	
	Geo-politics affecting India's Interest	9	1
19. Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora.	Indian Diaspora	3	1
	Miscellaneous	1	
	Energy X Foreign Policy	3	
20. Important International institutions, agencies and for their structure, mandate.	International Funding Agencies	4	1
	United Nations and its Agencies	8	
	WTO	4	



Priority Mains IR Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs
17. India and its neighborhood- relations.	Neighbourhood	7
18. Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests.	Bilateral Relations	9
	Groupings involving Immediate and Extended neighbours	6
	Groupings beyond South Asia	4
19. Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora.	Geo-politics affecting India's Interest	9
20. Important International institutions, agencies and fora- their structure, mandate.	International Funding Agencies	4
	United Nations and its Agencies	8
	WTO	4





9 days Mains Economy Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs	No. of Days allocated
01. Indian Economy (issues re: planning, mobilisation of resources, growth, development, employment);	Unemployment	2	2
	Investment	1	
	Care X Monetized Economy	1	
	Demographic Dividend	1	
	Digitalization of Economy	1	
	GDP	3	
	Economic Growth	3	
	Miscellaneous	1	
	Monetary policy	1	
	Manufacturing Sector	4	
	Niti Aayog X Planning Commission	1	
	GST	3	
02. Inclusive growth and issues arising from it	Corporate Social Responsibility	1	1
	Financial Inclusion	2	
	Inclusive Growth	3	
	Inclusive Growth X Capitalism	1	
	Inclusive Growth X Infrastructure	2	
	Inclusive Growth X Public Expenditure	1	
	Inclusive Growth X Sustainable Development	2	
03. Government Budgeting	Current Budget	2	1
	Gender Budgeting	1	
	Fiscal Policy	5	
10. Food processing and related industries in India (scope & significance, location, upstream-downstream requirements, supply chain management);	Food Processing Sector	6	1
	Revolutions and Missions	1	
12. Effects of Liberalisation on the economy; Changes in Industrial policy & their effects on industrial growth	Balance of Payment	1	2
	FDI	4	
	LPG Reform and Impact	4	
	Protectionism and Currency Manipulations	2	
	Special Economic Zones	1	
	Labour-intensive X Capital-intensive Export	1	
	Labour Reform	1	
13. Infrastructure (energy, ports, roads, airports, railways); Investment models	Airports X Infrastructure	2	2
	PPP X Infrastructure	4	
	Renewable Energy	8	
	Transport	1	





Priority Mains Economy Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs
01. Indian Economy (issues re: planning, mobilisation of resources, growth, development, employment);	GDP	3
	Economic Growth	3
	Manufacturing Sector	4
	GST	3
	Inclusive Growth	3
03. Government Budgeting		
	Fiscal Policy	5
10. Food processing and related industries in India (scope & significance, location, upstream-downstream requirements, supply chain management);	Food Processing Sector	6
	Revolutions and Missions	1
12. Effects of Liberalisation on the economy; Changes in Industrial policy & their effects on industrial growth	FDI	4
	LPG Reform and Impact	4
13. Infrastructure (energy, ports, roads, airports, railways); Investment models	PPP X Infrastructure	4
	Renewable Energy	8





6 days Mains Agriculture Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs	No. of Days allocated
04. Major Crops - Cropping patterns in various parts of the country	Crop Diversification	3	1
	Cropping pattern	4	
	Horticulture	1	
	Integrated Farming System	2	
	Millets	1	
	Organic Farming	1	
05. Different types of irrigation and irrigation systems	Irrigation system	2	1
	Micro-Irrigation	2	
	Water Conservation	2	
06. Storage, transport and marketing of Agricultural produce and issues and related constraints	Agri-Marketing	5	1
07. E- technology in the aid of farmers	Tech in Agri Production and Marketing	1	
	Tech in Agriculture Credit	1	
	Tech in Farm Productivity and Income	2	
08. Issues related to direct and indirect farm subsidies and MSP; PDS (objectives, functioning, limitations, re-vamping, issues of buffer stocks & food security), Technology Missions	Agriculture Subsidy	3	1
	Agriculture Vulnerability & Crop Insurance	1	
	Buffer stock & food security	2	
	Miscellaneous	1	
	MSP	1	
	PDS	3	
	Revolutions and Missions	1	
09. Economics of Animal-Rearing	Non-Farm Activities (Livestock)	1	1
11. Land Reforms in India	Act based	1	1
	Contract farming & Land leasing	1	
	Land Reforms	4	
	Miscellaneous	1	





Priority Mains Agriculture Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs
04. Major Crops - Cropping patterns in various parts of the country	Crop Diversification	3
	Cropping pattern	4
05. Different types of irrigation and irrigation systems	Irrigation system	2
06. Storage, transport and marketing of Agricultural produce and issues and related constraints	Agri-Marketing	5
08. Issues related to direct and indirect farm subsidies and MSP; PDS (objectives, functioning, limitations, revamping, issues of buffer stocks & food security), Technology Missions	Agriculture Subsidy	3
	PDS	3
11. Land Reforms in India	Land Reforms	4





6 days Mains Internal Security Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs	No. of Days allocated
19. Linkages between Development & spread of Extremism	Left-Wing Extremism	6	1
	N-E Insurgency	2	
20. Role of external state and non-state actors in creating challenges to internal security.	Threat from External state and Non-state actors	5	2
21. Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money-laundering and its prevention.	Act based	1	
	Cyber security	8	
	Drug trafficking	1	
	Mob Violence	1	
	Money-laundering and Prevention	2	
	Digital Media and Security Threats	3	
22. Security challenges and their management in border areas - linkages of organized crime with terrorism.	Border Area Management	7	2
	Maritime Security challenges	3	
	Organized Crime and Terrorism	10	
23. Various Security forces and agencies and their mandate.	Act based	2	1
	Mandates of Security forces	2	





Priority Mains Internal Security Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs
19. Linkages between Development & spread of Extremism	Left-Wing Extremism	6
20. Role of external state and non-state actors in creating challenges to internal security.	Threat from External state and Non-state actors	5
21. Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money-laundering and its prevention.	Cyber security	8
	Digital Media and Security Threats	3
22. Security challenges and their management in border areas - linkages of organized crime with terrorism.	Border Area Management	7
	Maritime Security challenges	3
	Organized Crime and Terrorism	10
23. Various Security forces and agencies and their mandate.	Mandates of Security forces	2





12 days Mains Ethics Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs	No. of Days allocated
1.Ethics and Human Interface: Essence, Determinants and Consequences of Ethics in - Human Actions; Dimensions of Ethics; Ethics - in Private and Public Relationships.	Applied Ethics x Environment	4	2
	Applied Ethics x Technology	5	
	Consequences of Ethics	5	
	Normative Ethics (Deontology vs Teleology)	2	
	Determinants of Ethics	4	
	Essence of Ethics	2	
	Ethics in Private and Public sphere	4	
	Term Based	5	
2. Human Values: Lessons from the Lives and Teachings of Great Leaders, Reformers and Administrators; Role of family society and educational institutions in inculcating values.	Crisis of Ethical Values	3	1
	Role of Educational institutions	1	
	Teachings of Great Leaders	7	
	Value Based Questions	2	
3.Attitude: Content, Structure, Function; its Influence and Relation with Thought and Behaviour; Moral and Political Attitudes; Social Influence and Persuasion.	Attitude for Civil Servants	7	1
	Attitude for Individuals	3	
	Moral and Political Attitude	1	
	Organisational Attitude	2	
	Social influence and persuasion	2	
4.Emotional intelligence-concepts, and their utilities and application in administration and governance.	EI in Administration	1	1
	EI X Crisis of Conscience	1	
	EI: Concept and utility	3	
	EQ vs IQ	1	
5.Contributions of Moral Thinkers and Philosophers from India and World	A.P.J. Abdul Kalam	3	2
	Abraham Lincoln	2	
	Aristotle	1	
	Dalai Lama	2	
	Erik Erikson	1	
	Immanuel Kant	1	
	Jawaharlal Nehru	1	
	John Rawls's concept of social Justice	1	
	Kautilya	1	
	Mahatma Gandhi	6	
	Plato	1	
	Potter Stewart	1	
	Sardar Patel	1	
	Socrates	2	
	Swami Vivekananda	5	
	Tirukkural	2	
	William James	1	





UPSC Syllabus	Microthemes	No. of UPSC PYQs	No. of Days allocated
6. Aptitude and Foundational Values for Civil Service, Integrity, Impartiality and Non-partisanship, Objectivity, Dedication to Public Service, Empathy, Tolerance and compassion towards weaker-sections	Empathy and Compassion	1	1
	Foundational values	6	
	Impartiality and Non-Partisanship	2	
	Integrity	3	
	Integrity X Intelligence X Energy	1	
	Trustworthiness and Fortitude	1	
7. Public/Civil Service Values and Ethics in Public Administration: Status and Problems; Ethical Concerns and Dilemmas in Government and Private Institutions; Laws, Rules, Regulations and Conscience as Sources of Ethical Guidance; Accountability and Ethical Governance; Strengthening of Ethical and Moral Values in Governance; ethical Issues in International Relations and Funding; Corporate Governance	Accountability and Ethical Governance	6	2
	Public/Civil Service Values	5	
	Corporate Governance	3	
	Conflict of interest	3	
	Ethical dilemmas in Public Administration	2	
	Ethical Issues in International Relations and funding	8	
	Laws, Rules, Regulations and Conscience as Ethical Guidance	8	
8. Probity in Governance: Concept of Public Service; Philosophical Basis of Governance and Probity; Information Sharing and Transparency in Government, Right to information; Codes of Ethics, Codes of Conduct, Citizen's Charters, Work Culture, Quality of Service Delivery, utilization of Public Funds, Challenges of Corruption.	Challenges of Corruption	2	2
	Citizen's Charter	1	
	Codes of Ethics and Codes of Conduct	3	
	Work Culture	1	
	Transparency X RTI	4	
	Probity in Governance	4	
	Utilization of public funds	3	
	Quality of Service Delivery	2	





Priority Mains Ethics Plan

UPSC Syllabus	Microthemes	No. of UPSC PYQs
1.Ethics and Human Interface: Essence, Determinants and Consequences of Ethics in - Human Actions; Dimensions of Ethics; Ethics - in Private and Public Relationships.	Applied Ethics x Environment	4
	Applied Ethics x Technology	5
	Consequences of Ethics	5
	Determinants of Ethics	4
	Ethics in Private and Public sphere	4
	Term Based	5
2. Human Values: Lessons from the Lives and Teachings of Great Leaders, Reformers and Administrators; Role of family society and educational institutions in inculcating values.	Crisis of Ethical Values	3
	Teachings of Great Leaders	7
3.Attitude: Content, Structure, Function; its Influence and Relation with Thought and Behaviour; Moral and Political Attitudes; Social Influence and Persuasion.	Attitude for Civil Servants	7
	Attitude for Individuals	3
4.Emotional intelligence-concepts, and their utilities and application in administration and governance.	EI: Concept and utility	3
5.Contributions of Moral Thinkers and Philosophers from India and World	A.P.J. Abdul Kalam	3
	Mahatma Gandhi	6
	Swami Vivekananda	5
6.Aptitude and Foundational Values for Civil Service, Integrity, Impartiality and Non-partisanship, Objectivity, Dedication to Public Service, Empathy, Tolerance and compassion towards weaker-sections	Foundational values	6
	Integrity	3
7.Public/Civil Service Values and Ethics in Public Administration: Status and Problems; Ethical Concerns and Dilemmas in Government and Private Institutions; Laws, Rules, Regulations and Conscience as Sources of Ethical Guidance; Accountability and Ethical Governance; Strengthening of Ethical and Moral Values in Governance; ethical Issues in International Relations and Funding; Corporate Governance	Accountability and Ethical Governance	6
	Public/Civil Service Values	5
	Corporate Governance	3
	Conflict of interest	3
	Ethical Issues in International Relations and funding	8
	Laws, Rules, Regulations and Conscience as Ethical Guidance	8
8.Probity in Governance: Concept of Public Service; Philosophical Basis of Governance and Probity; Information Sharing and Transparency in Government, Right to information; Codes of Ethics, Codes of Conduct, Citizen's Charters, Work Culture, Quality of Service Delivery, utilization of Public Funds, Challenges of Corruption.	Codes of Ethics and Codes of Conduct	3
	Transparency X RTI	4
	Probity in Governance	4
	Utilization of public funds	3





10 days Mains Geography+DM Plan

Subject	UPSC Syllabus	Microthemes	No. of UPSC PYQs	No. of Days allocated
Geography	11. Salient Features of World Physical Geography	Climatology	5	2
		Monsoon	3	
		Oceanography	5	1
		Geomorphology	11	
	12. Distribution of key Natural Resources (world, South Asia and Indian subcontinent)	Energy	8	1
		Natural resources Potential	5	
	13. Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India).	Primary sector	9	1
		Secondary sector	8	
		Tertiary sector	5	
		Land use planning	1	
	14. Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc.,	Cyclone	4	1
		Landslides	3	
		Volcanic activity	1	
		Cloudbursts	1	
		Twisters	1	
		Aurora	1	
		Tsunamis	1	
	15. Geographical features and their location-Changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes.	Flora and Fauna	4	1
		Climate change	3	1
		Water Management	10	1
		Cryosphere	4	1
		Miscellaneous	3	
Disaster Management	18. Disaster and Disaster Management	Cloudburst	2	1
		Disaster Preparedness and Resilience	4	
		Vulnerability and Risk Assessment	2	
		Drought	1	
		Earthquake	2	
		Landslide	1	
		Dam failures	1	
		Tsunami	1	
		Urban floods	2	





Priority Mains Geography+DM Plan

Subject	UPSC Syllabus	Microthemes	No. of UPSC PYQs
Geography	11. Salient Features of World Physical Geography	Climatology	5
		Monsoon	3
		Oceanography	5
		Geomorphology	11
	12. Distribution of key Natural Resources (world, South Asia and Indian subcontinent)	Energy	8
		Natural resources Potential	5
	13. Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India).	Primary sector	9
		Secondary sector	8
		Tertiary sector	5
	14. Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc.,	Cyclone	4
		Landslides	3
	15. Geographical features and their location- Changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes.	Flora and Fauna	4
		Climate change	3
		Water Management	10
		Cryosphere	4
Disaster Management	18. Disaster and Disaster Management	Disaster Preparedness and Resilience	4
		Vulnerability and Risk Assessment	2

